

Guest Information (confidential)

If you are booking on a retreat, please email this form to us completed at ekuthuleni.retreat@gmail.com or send it by post (we can send you the address when you book).

The following questions are to give us some background and contact information for you. We ask this of all guests and our intention is that the information you share can help us to meet you in the best way we can.

Whatever you share will be kept strictly confidential & not kept after the retreat.

Name	
Nationality	
Mobile/ Cell	
Email	

Do you have any previous experience in meditation?
Have you attended any retreats? If yes, please outline briefly.
Have you had any recent bereavement or other experiences that are currently affecting you strongly?
What is your interest in coming to Ekuthuleni?
What are you hoping to receive or share in your time here?

Do you have any physical illness - if yes, please give brief details of the illness and of any medication you are taking for it
Have you ever suffered from mental illness (please outline briefly if yes)
Do you have any current mental health issues? If yes, please give details of the illness and of any medications you are taking for it
Do you have any special skills you would like to offer during the working meditation?

Please give contact details of next of kin/ person you would like us to contact in case of emergency:

Name	
Relationship	
Mobile/ Cell	
Email	
Address	

Thanks